## A day in Cilento surrounded by nature, among food, culture and serenity!

9:00 a.m. departure from Naples towards... Paestum!!! 10.45am-1.15pm: Guided tours of the temples and the archaeological museum.

Your wonderful day starts with a visit to the majestic and unmissable temples!



Miraculously arrived in such good condition that they are considered unique examples of Magna Graecia architecture, they are Doric order temples, built in the two urban sanctuary areas of Paestum, dedicated to Hera and Athena respectively.

Between 2003 and 2013, the area of the Temples of Paestum was the subject of a series of restoration works that not only restored the buildings but also shed light on the techniques and materials used in their construction.

Well, your day is filled with an invaluable dose of culture with the opportunity to visit these wonders and catapult yourself back to the times of Magna Grecia to admire their most imposing and emblematic buildings, perfectly intact and impressive.

To give your visit an extra touch of professionalism, you will be assisted by a <u>guide</u> throughout the tour, who will instruct you on what you need to know on the subject and be ready to answer all your questions.

The day has just begun and from the temples we move on... to the archaeological museum!!!



Built in 1952, the National Archaeological Museum of Paestum is one of the largest museums in Italy. Its different sections allow visitors to explore the history of the Greek, Lucanian and Roman city. Since 2015, it has become a state museum with special autonomy, and in 2017 the Paestum excavations and museum were the 15th most visited Italian state site, with an impressive 441 037 visitors.

Again with your personal guide, you will be allowed to visit all the rooms and sections of the museum for a real feast of art.

Time passes and you start to get hungry, it is time to go and refresh yourself and fully enjoy some relax and delicious food.

1:30 pm: welcome drink, practical cooking lesson of Cilento pizza and rich lunch

A fantastic, unique destination that will keep you company for a few hours in which you can surrender to the beauty of the place while breathing an authentic country air and experiencing a timeless atmosphere.

We are talking about the Oasi della Fonte, one of the oldest and most prestigious villas in the area, dating back to the end of the 18th century and recently restored to provide all comforts, but without forgetting the roots of the past.

You can still walk around the cistern, located in the centre of the garden, where water was once collected and look out from the two turrets used as guard posts during the two world wars.

This is the last stop of your unforgettable tour!



To open the dances an excellent welcome aperitif, after which you will be the creators of a mouth-watering lunch with the possibility, for whoever likes it, to try cooking the famous Cilento pizza with the wise and expert guidance of a famous local pizza maker. A taste of all the specialties of the area, with the mozzarella as the protagonist, desserts and sweets at the end of the meal, an inevitable toast and it is already time for greetings.

The long journey has, unfortunately, come to an end.

With the hope of having made you spend a wonderful day, we greet you, wishing you a safe return!

<u>Total price</u>: 90€ per person.